

**Pampering Treatments
Non-Refundable**

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|---------------------------------|---------|
| ___ Express Pedicure..... | \$30.00 |
| ___ Mini Facial..... | \$30.00 |
| ___ Manicure..... | \$15.00 |
| ___ Hairstyle..... | \$15.00 |
| ___ Cut/Style..... | \$20.00 |
| ___ Massage-Upper Body..... | \$40.00 |
| ___ Massage-Full body..... | \$60.00 |
| ___ Private Reading..... | \$40.00 |
| ___ Local Winery Excursion..... | \$30.00 |

Workshop Sessions

*For Registered Participants

SATURDAY

| | |
|---|---------|
| 10:00am | |
| ___ Basket Weaving (10am-2pm)..... | \$25.00 |
| ___ Painting on Glass Mugs..... | \$25.00 |
| 1:00pm | |
| ___ Basket Weaving completion | |
| ___ Balance-Types,Causes and Treatments ... | No fee |
| ___ Mini Cupcake Bouquets..... | \$25.00 |
| 2:30-4:30pm | |
| ___ Painting on a pallet..... | \$15.00 |
| 4:30pm | |
| ___ Group Psychic Reading..... | \$15.00 |
| 5:00pm | |
| ___ Mixology..... | \$10.00 |

List of Events

List of Events

Friday, February 1, 2019

| | |
|---|-------------------------|
| Registration | 4:00 P.M. to 7:00 P.M. |
| Pampering Treatments | 6:00 P.M. to 9:00 P.M. |
| Meet and Greet - Wine and Chocolate Mixer | 7:00 P.M. to 8:00 P.M. |
| Casino Games | 8:00 P.M. to 11:00 P.M. |
| Karaoke | 9:30 P.M. to 12:30 P.M. |

Saturday, February 2, 2019

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|----------------------|-------------------------|
| Pampering Treatments | 9:00 A.M. to 5:00 P.M. |
| Shopping Expo | 9:00 A.M. to 5:00 P.M. |
| Workshops | 10:00 A.M. to 5:30 P.M. |

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|-----------------------|------------------------|
| Continental Breakfast | 7:30 A.M. to 9:30 A.M. |
|-----------------------|------------------------|

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|-------|-------------------------|
| Lunch | 12:00 P.M. to 1:00 P.M. |
|-------|-------------------------|

| | |
|-------------------------|------------------------|
| Dinner | 6:30 P.M. to 8:30 P.M. |
| Theme: "Broadway Shows" | |

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|-----------------|-------------------------|
| Activity Night: | |
| Lobby bar open | 4:30 P.M. to 12:30 A.M. |
| Bingo | 9:00 P.M. to 11:00 P.M. |

Sunday, February 3, 2019

| | |
|---|--------------------------|
| Brunch | 10:00 A.M. to 12:00 P.M. |
| Wine Tour Bus | Leaving at noon |
| Includes transportation, snacks and tastings. | |



For Your Information

Dress Code: Nametags must be worn to all events and returned at the end of the weekend. Wear comfortable clothes, sweats, leggings, T-shirt, etc. for all pampered treatments and workshops.

TERMS Rates are per person for package. Overnight accommodations for 2 nights, 2 breakfasts, 1 lunch, 1 dinner, tax and gratuities. **Package is non-refundable.** Credits will not be issued for late arrivals, early departures or missed meals. Credit cards or prepayment required to guarantee room beyond 4:00 p.m. Failure to cancel 24 hrs. in advance will result in a one night room charge.

Package price of \$189.00 per person is based on Double Occupancy. Single Occupancy - \$262.00 Saturday events only (no hotel) - fee \$99.00

All Pampering Treatments and workshop fees are to be paid with registration by cash, check or credit card and are non refundable.

<https://www.facebook.com/NYSWChadwickBay>

<http://nyswchadwickbay.org/Get-Away-Weekend>

Thank you and we look forward to seeing you in February

Chadwick Bay NYS Women, Inc.
C/O Terri Pacos, Chairperson
P.O. Box 649
Dunkirk, New York 14048

20th Annual

Women's Weekend Get-Away

Sponsored by



February 1,2,&3, 2019
Friday, Saturday & Sunday

At
Clarion Hotel
30 Lake Shore Drive East
Dunkirk, New York 14048

Spend a Weekend with your Mother,
Sister or Friends
Public Welcome

Pamper yourself, participate in learning workshops and browse through our shopping expo.

Early Bird Special - \$189.00

Based on Double Occupancy

REGISTRATION FORM

Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Fax: _____
E-Mail: _____

Name of your room occupant: _____

Circle dinner choice:
Chicken Marsala or Prime Rib or Salmon

Non-Refundable registration due now
\$43.00*-postmarked by 1/1/19; otherwise \$53.00.

| | |
|---|------------------|
| Registration due now (per person) | \$ <u>53.00*</u> |
| Total Non-Refundable-pampering treatments & workshops | |
| FEES DUE NOW-from other side. | \$ _____ |
| Room payable now or at check-in: | |
| Double Occupancy \$146.00/Each Person | \$ _____ |
| Single Occupancy \$219.00 | \$ _____ |
| Total Enclosed | \$ _____ |

Please make check payable to:
NYS Women, Inc.- Chadwick Bay
Check and form to: PO Box 649 Dunkirk, NY 14048

If registering online, you will be able to pay by credit card or check.
www.nyswchadwickbay.org/Get-Away-Weekend

Description of Workshop Sessions

Basket Weaving

Local artisan, Joann Negro, will be back in instructing you to make a lovely basket. The basket will not only be gorgeous, but also useful for your home. This basket will have many uses after you create it with your own hands. All materials provided.
Fee-\$25.00

Balance: Types, Causes and Treatments

Practicing Physical Therapist, Tammy Kiszak, PT,AIB-VR, CAFS has developed a wellness clinic. She offers this wellness program for residents in the Chautauqua region thru Brooks Hospital. She recently became certified through the American Institute of Balance on Vestibular Assessment and Management. She is passionate about the Balance System of the body and how it operates. It is her mission to specialize in balance disorders and offers top notch care to individuals suffering from a different array of balance disorders/problems. Audience participation is encouraged.
No Fee

Painting on a pallet

Rena Cathleen, a local business owner and artist will be instructing a painting event on a reverse wood pallet. The painting will be holiday (St Patrick's Day) and home decor (spring themed). You are guaranteed to have a great time with many laughs while she brings out your creativity. All materials provided.
Fee-\$35.00

Glass Mug Painting

Join us in making a pair of Valentine Mugs- "Glass with Class". The class will include all materials and instructions to create 2 beautiful mugs for yourself or to give as a gift. Join us in this creative class. Can't wait to meet you!
Fee-\$25.00

Cupcake Bouquet

Come spend some time with Brandy and learn how to create a beautiful cupcake bouquet. Everything will be provided to arrange, decorate and package your final product. You will be able to choose flavors-White or Devil's Food. Brandy has her own shop in the area.
Fee \$25.00

Mixology

What Women's Getaway Weekend would be complete without trying a new beverage. Come and observe a Clarion Mixologist make a few creative beverages. You will be able to sample these fantastic drinks.
Bring a notebook to jot down the recipes.
Fee \$10.00

Group Psychic Reading

If you were always skeptical about having a private reading, this is your opportunity to join your friends-new and old. Each participant will receive an individual message. This was brought back by popular demand.
Fee-\$15.00

Workshops may conflict with Pampering Treatments. Please understand that we will do our best to accommodate you.

