### **Pampering Treatments** Non-Refundable

 Express Pedicure.	\$30.00
Mini Facial	
Manicure	\$15.00
 Hairstyle	\$15.00
Cut/Style	
Massage-Upper Body	
Massage-Full body.	
Private Reading	
 Local Winerv Excursion	

Workshop Sessions \*For Registered Participants

#### SATURDAY

### 10:00am

- Basket Weaving (10am-2pm)..... .....\$25.00
- Painting on Glass Mugs .....\$25.00

### 1:00pm

- Basket Weaving completion
- Balance-Types, Causes and Treatments ... No fee
- Mini Cupcake Bouquets.....\$25.00

#### 2:30-4:30pm

Painting on a pallet.....\$35.00

#### 4:30pm

Group Psychic	Reading	\$15.00
 	8	

# 5:00pm

### Mixology.....\$10.00

# List of Events

Friday, February 1, 2019 4:00 P.M. to 7:00 P.M. Registration Pampering Treatments 6:00 P.M. to 9:00 P.M. Meet and Greet - Wine and Chocolate Mixer 7:00 P.M. to 8:00 P.M. Casino Games 8:00 P.M. to 11:00 P.M. Karaoke 9:30 P.M. to 12:30 P.M.

Saturday, Fe	bruary 2, 2019
Pampering Treatments	9:00 A.M. to 5:00 P.M.
Shopping Expo	9:00 A.M. to 5:00 P.M.
Workshops	10:00 A.M. to 5:30 P.M.
Continental Breakfast	7:30 A.M. to 9:30 A.M.
Lunch	12:00 P.M. to 1:00 P.M.
Dinner	6:30 P.M. to 8:30 P.M.
Theme: "Bro	adway Shows"

Activity Night: Lobby bar open 4:30 P.M. to 12:30 A.M. 9:00 P.M. to 11:00 P.M.

Bingo

Sunday, February 3, 2019 10:00 A.M. to 12:00 P.M Brunch Wine Tour Bus Leaving at noon Includes transportation, snacks and tastings.

### Check out by Noon



# For Your Information

Dress Code: Nametags must be worn to all events and returned at the end of the weekend. Wear comfortable clothes, sweats, leggings, T-shirt, etc. for all pampered treatments and workshops.

TERMS Rates are per person for package. Overnight accommodations for 2 nights, 2 breakfasts, 1 lunch, 1 dinner, tax and gratuities. Package is nonrefundable. Credits will not be issued for late arrivals, early departures or missed meals. Credit cards or prepayment required to guarantee room beyond 4:00 p.m. Failure to cancel 24 hrs. in advance will result in a one night room charge.

Package price of \$189.00 per person is based on Double Occupancy. Single Occupancy - \$262.00 Saturday events only (no hotel) - fee \$99.00

All Pampering Treatments and workshop fees are to be paid with registration by cash, check or credit card and are non refundable.

https://www.facebook.com/ **NYSWChadwickBay** 

http://nyswchadwickbay.org/Get-Away-Weekend

Thank you and we look forward to seeing you in February

Chadwick Bay NYS Women, Inc. C/O Terri Pacos, Chairperson P.O. Box 649 Dunkirk, New York 14048

20th Annual

Women's Weekend Get-Away Sponsored by

**NEW YORK STATE** women, INC.

chadwick bay chapter

February 1,2,&3, 2019 Friday, Saturday & Sunday Clarion Hotel 30 Lake Shore Drive East Dunkirk, New York 14048

Spend a Weekend with your Mother, Sister or Friends \*\*Public Welcome\*\*

Pamper yourself, participate in learning workshops and browse through our shopping expo.



## Description of Workshop Sessions

### **Basket Weaving**

Local artisan, Joann Negro, will be back in instructing you to make a lovely basket. The basket will not only be gorgeous, but also useful for your home. This basket will have many uses after you create it with your own hands. All materials provided. Fee-\$25.00

### **Balance: Types, Causes and Treatments**

Practicing Physical Therapist, Tammy Kiszak, PT,AIB-VR, CAFS has developed a wellness clinic. She offers this wellness program for residents in the Chautauqua region thru Brooks Hospital. She recently became certified through the American Institute of Balance on Vestibular Assessment and Management. She is passionate about the Balance System of the body and how it operates. It is her mission to specialize in balance disorders and offers top notch care to individuals suffering from a different array of balance disorders/problems. Audience participation is encouraged. No Fee

### Painting on a pallet

Rena Cathleen, a local business owner and artist will be instructing a painting event on a reverse wood pallet. The painting will be holiday (St Patrick's Day) and home decor (spring themed). You are guaranteed to have a great time with many laughs while she brings out your creativity. All materials provided. Fee-\$35.00

### **Glass Mug Painting**

Join us in making a pair of Valentine Mugs-"Glass with Class". The class will include all materials and instructions to create 2 beautiful mugs for yourself or to give as a gift. Join us in this creative class. Can't wait to meet you! Fee-\$25.00

### **Cupcake Bouquet**

Come spend some time with Brandy and learn how to create a beautiful cupcake bouquet. Everything will be provided to arrange, decorate and package your final product. You will be able to choose flavors-White or Devil's Food. Brandy has her own shop in the area. Fee \$25.00

### Mixology

What Women's Getaway Weekend would be complete without trying a new beverage. Come and observe a Clarion Mixologist make a few creative beverages. You will be able to sample these fantastic drinks. Bring a notebook to jot down the recipes. Fee \$10.00

### **Group Psychic Reading**

If you were always skeptical about having a private reading, this is your opportunity to join your friends-new and old. Each participant will receive an individual message. This was brought back by popular demand. Fee-\$15.00

Workshops may conflict with Pampering Treatments. Please understand that we will do our best to accommodate you.



# **REGISTRATION FORM**

Name:		
Address:		
City:		
State: Zip:		
Phone:		
Fax:		
E-Mail:		
Name of your room occupant:		
Circle dinner choice:		
Circle dinner choice: Chicken Marsala or Prime Ril	o or S	almon
	ie now	
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Chicken Marsala or Prime Ril Non-Refundable registration du \$43.00*-postmarked by 1/1/19; other	ie now wise \$5 \$	3.00. <u>53.00*</u>
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Please make check payable to:

NYS Women, Inc.- Chadwick Bay Check and form to: PO Box 649 Dunkirk, NY 14048

If registering online, you will be able to pay by credit card or check.

www.nyswchadwickbay.org/Get-Away-Weekend